

September

2020

Lake Harbor Middle

LUNCH MENU

LUNCH MENU PRICES

Reduced \$0.40

Full Price \$1.30

Available daily Low fat Milk

Fruit and Vegetable offered daily

Jodie Martin Cafeteria Manager
 Nina Casborn Assistant Manager
 Check your child's balance regularly
www.mypaymentsplus.com

or

985-674-3482

Menus are subject to change, due to deliveries.

This is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
		Sloppy Jo fries	Sloppy Jo fries	Sloppy Jo fries	Sloppy Jo fries	
13	14	15	16	17	18	19
Mandarin chicken Rice Bread stick	Chicken Fajita		Meatsauce Pasta French bread	Baked Chicken Baked beans roll	Bbq Chicken on bun fries	
20	21	22	23	24	25	26
Chicken salad on bun fries	Beef Taco Black beans		Meatball sub fries	Turkey roast Sweet potato roll	Chicken patty on bun fries	
27	28	29	30			
Turkey panini fries	Meatsauce Pasta French bread		Chicken sauce picante			

September

2020

LAKE HARBOR MIDDLE

BREAKFAST MENU

BREAKFAST MEAL PRICES

REDUCED \$0.30

FULL PRICE \$0.75

VISITOR \$1.30

AVAILABLE DAILY LOW FAT MILK

OFFERED DAILY FRIUT AND JUICE

Jodie Martin Cafeteria Manager

Nina Casborn Assistant Manager

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or 985-674-3482

Menus are subject to change, due to deliveries.

This is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	Pop tarts	Pop tarts	Pull apart ham and Cheese	Pull apart ham and Cheese	12
13	14	Beignets	Biscuit w/ sausage	Eggs w/toast	Cinnamon Roll	19
20	21	Beignets	Biscuit w/ sausage	Cereal w/ toast	Cinnamon Roll	26
27	28	Beignets	Biscuit w/ sausage			

Virtual and Hybrid

Breakfast & Lunch Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Breakfast French Toast Mini Or Mini Pancakes Apple Juice + Apple</p> <p>Lunch Chicken Strip Sandwich w/ Fries Apple + Crisp Baby Carrots</p>	<p>Breakfast Cereal w/ Graham Crackers Apple Juice + Apple</p> <p>Lunch Pizza or Hamburgers w/ Ranchero Beans Apple + Crisp Baby Carrots</p>	<p>Breakfast Pancake on Stick Or Egg + Cheese Fiesta Sandwich Apple Juice + Orange</p> <p>Lunch Sunbutter + Jelly Sandwich Cheese stick Crisp Baby Carrots + Celery Sticks Apple Juice + Oranges</p>	<p>Breakfast Cereal w/ Graham Crackers Apple Juice + Apple</p> <p>Lunch Pizza Or Corn dog Fresh Broccoli + Baby Carrots Apples</p>	<p>Breakfast Popart Apple Juice + Apples</p> <p>Lunch Chicken Sandwich Apples Crisp Baby Carrots + Celery Sticks</p>
	<p>White Milk offered Daily</p>		<p>BREAKFAST PRICES Reduced (PK-12) \$0.30 Full Price (PK-6) \$0.75</p>	<p>Lunch Prices Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30</p>

This is an equal opportunity provider. Menus are subject to change.

Only 1 meal option will be served daily based on availability. Menus repeating every week.

The Curbside Grab n' Go Meals Consent Form must be completed and returned prior to picking up meals. Meals will be received at the location selected on the submitted consent form.

At meal pick-up, signage with the student's name in large font should be placed visibly in the front window of the vehicle.

If the student is present, the student's identification number and full name or the student's ID must be provided to receive meals.

If the student is not present, a copy of the completed Curbside Grab n' Go Meals Consent Form must be provided to receive meals.

Students will be charged per meal according to their eligibility status (free, reduced, or full pay) and the meal type(s) received.

