

January

2022

LAKE HARBOR MIDDLE SCHOOL

BREAKFAST MENU

Available daily low-fat milk
Offered daily fruit and juice

Jodie Martin Cafeteria Manager

Nina Casborn Asst. Manager

985-674-3482

Menus are subject to change, due to deliveries.

This is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	Bk pizza 3	Beignets 4	Biscuit & sausage 5	Egg w/ toast 6	Cinnamon roll 7	8
9	Dutch waffle 10	Beignets 11	Biscuit & sausage 12	Muffin 13	Cinnamon roll 14	15
16	No School 17	Bk pizza 18	Biscuit & sausage 19	Egg w/ toast 20	Cinnamon roll 21	22
23	Mini pancakes 24	Beignets 25	Biscuit & sausage 26	Donut 27	Cinnamon roll 28	29
30	Bk pizza 31	Beignets	Biscuit & sausage	Muffin	Cinnamon roll	