

# January

**2022**

**LAKE HARBOR MIDDLE SCHOOL LUNCH MENU**

**Available daily low-fat milk**

**Offered daily fruit & vegetable**

Jodie Martin Cafeteria Manager

Nina Casborn Asst. Manager

985-674-3482

Menus are subject to change, due to deliveries.

This is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Chicken tenders Or Chicken on bun	4 Tacos Or nachos	5 Pastalaya Or Turkey po boy	6 Baked ham Or Chicken tenders	7 Pizza	8
9	10 Chicken tenders Or Chicken on bun	11 Tacos Or Sloppy joes	12 Meat sauce & pasta Or bbq pork	13 Bbq chicken Or Chicken tenders	14 Turkey poboy	15
16	17 No School	18 Chicken tenders Or Chicken on bun	19 Tacos Or nachos	20 Turkey & gravy Or Deli sandwich	21 Pizza	22
23	24 Gen. Tso's chick Or Chicken on bun	25 Fajita Or Sloppy joes	26 Breezy mac Or Bbq pulled pork	27 Baked chicken Or Chicken tenders	28 Chili cheese fries	29
30	31 Chicken tenders Or Chicken on bun	Tacos Or nachos	Chicken Alfredo Or Turkey poboy	Gumbo Or Chicken tenders	Pizza	