

# November

# 2021

## LAKE HARBOR MIDDLE SCHOOL LUNCH MENU

**Available daily low-fat milk**

**Offered daily fruit & Vegetables**

Jodie Martin Cafeteria Manager

Nina Casborn Asst. Manager

985-674-3482

Menus are subject to change, due to deliveries.

This is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Chicken tenders Or Chicken on bun	2 Tacos Or Nachos	3 Salisbury steak Or Grilled cheese	4 Baked ham Or Bbq chicken bun	5 Pizza Or Meatball sub	6
7	8 Gen. Tso chicken Or Chicken on bun	9 Fajita Or Hamburger	10 Breezy mac Or Bbq pulled pork	11 Oven fried Chicken or Chicken tenders	12 Sloppy joe Or Chili cheese fries	13
14	15 Chicken tenders Or Chicken on bun	16 Tacos Or Nachos	17 Pastalaya Or Deli Sandwich	18 Turkey w/gravy Or Bbq chicken bun	19 Pizza Or Meatball sub	20
21	22 No school	23 No school	24 No school	25 Happy Thanksgiving	26 No school	27
28	29 Chicken tenders Or Chicken on bun	30 Tacos Or Hamburger	Lasagna Or Bbq pulled pork	Baked chicken Or Chicken tenders	Roast po boy Or Sloppy joe	