

# October

# 2021

LAKE HARBOR MIDDLE SCHOOL BREAKFAST

**Available daily low-fat milk**  
**Offered daily fruit and juice**

Jodie Martin Cafeteria Manager  
 Nina Casborn Asst. Manager  
 985-674-3482  
 Menus are subject to change, due to deliveries.  
 This is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 NO SCHOOL	2
3	4 Bk pizza	5 Beignets	6 Biscuit & sausage	7 Cinnamon roll	8 NO SCHOOL For students	9
10	11 Pancake on a stick	12 Beignets	13 Biscuit & sausage	14 Donut	15 Cinnamon roll	16
17	18 Bk pizza	19 Beignets	20 Biscuit & sausage	21 Egg w/ toast	22 Cinnamon roll	23
24	25 Dutch waffle	26 Beignets	27 Biscuit & sausage	28 Muffin	29 Cinnamon roll	30
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