

October

2021

LAKE HARBOR MIDDLE SCHOOL LUNCH MENU

Available daily low-fat milk

Offered daily fruit & vegetable

Jodie Martin Cafeteria Manager

Nina Casborn Asst. Manager

985-674-3482

Menus are subject to change, due to deliveries.

This is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 NO SCHOOL	2
3	4 Chicken tenders Or chicken on bun	5 Tacos Or Nachos	6 Salisbury steak Or Hot sandwich	7 Pizza Or Meatball sub	8 NO SCHOOL For students	9
10	11 Sweet and sour chicken Or chicken on bun	12 Tacos Or Hamburger	13 Meat sauce w/pasta Or bbq chicken	14 Oven fried chicken Or chicken tender	15 Sloppy joe Or Chili cheese fries	16
17	18 Chicken tenders Or chicken on bun	19 Tacos Or Nachos	20 Chicken Alfredo Or Grilled cheese	21 Chicken gumbo Or Chicken tenders	22 Pizza Or Meatball sub	23
24	25 Chicken tenders Or chicken on bun	26 Tacos Or Hamburger	27 Lasagna Or Bbq chicken	28 Baked chicken Or Chicken tenders	29 Roast po boy Or Sloppy joe	30
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